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Resumo:

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conteúdo:

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Many leisurely activities are viewed as sports, so you may wonder – is hiking a sport? After all, if golf makes the cut, you might think hiking would be too!

Hiking is not considered a sport because it is a recreational, non-competitive activity.

Additionally, the lack of spectators and competitors further differentiates it from other recognized forms of sport.

The long answer gets a bit more complicated.

While most physical activities fall into the black-and-white categories of sports vs. non-sports, hiking is one of the few that lingers in the gray areas in between.

This isn't helped by the fact that the word 'sports' has varying definitions.

Pinning down an exact definition and deciding whether hiking is a sport or not has come down to personal opinion.

Many hikers will fight to classify it as a sport, while outsiders tend to disagree! Definitions

Turning to the official definitions of sports and hiking should offer a valid solution, but unfortunately, the terms are either too loosely defined or don't have enough consistency to make the decision! Sports

What exactly are sports?

Taking all of the definitions into account, a sport boils down to:

Being of a competitive nature

Requires a decent amount of physical effort

Takes skill in order to compete effectively.

Needs a level of entertainment for viewers

Since the beginning of time, sports and similar events were designed just as much for the audience's enjoyment as it was for the players.

As you can see, the common factors are so vague and different that deciding whether hiking effectively counts as a sport is impossible!

In some cases, sports need to be a competitive and skillful activity; in others, it just needs to be physical and fun.

Hiking

Hiking has a more consistent definition, but the wording seems to imply that this is a leisure activity or exercise instead of a full sport.

Each definition defines hiking as a long walk or a march for pleasure, with only a single definition stating that it is also an exercise or military training.

There's no mention of the level of skill or any form of competition.

The technical definitions for hiking don't have much variation, but anyone who has put a decent amount of time and effort into hiking may consider the activity in a completely different light.

Few aspects of hiking seem to fall into the same category as most sports, but there's still room for debate.

Pro-Sport Argument

There are a couple of common arguments that those fighting to identify hiking as a sport use to prove their point.

Physical Exertion

Sports do tend to require a higher-than-normal physical ability if you want to excel in them, and the same can be said of hiking.

Depending on the trail and duration of a hike, it can be a better workout than some actual sports.

Sports require more than just a physical intensity.

Unfortunately, just being physically demanding doesn't mean it's a sport.

Going to the gym or being a construction worker are also both physically taxing, but neither is a sport.

You Can Race!

Another common point is that racing against another person on a hike adds the competitive aspect that appears to have been lacking.

Racing on a trail is absolutely a sport, but it's no longer hiking.

Once the speed amps up and a form of competitiveness is added, it becomes the trail running sport.

This is a widely accepted sport, but despite the similarities to hiking, it is a different activity.

There's Skill Involved

Anyone can play sports, but it does take a certain level of skill to play them well.

Hiking is no different, and any hiker can tell you that the pros will fly by you on the trail with seemingly little to no effort.

(Un)fortunately, skill alone doesn't qualify an activity as a sport.

It takes skill to make artwork or create unique dishes in the kitchen, but neither are sports.

There are multiple levels to hiking, but that alone isn't enough to knock it out of the gray area.

Anti-Sport Argument

Just as the pro arguments have a certain amount of validity, the anti-sport views are also valid.

Much like the pro-arguments, each point can be somewhat turned around.

Lack Of Competition

A major aspect of most sports definitions is a competitive factor.

Whether it's between individual players or entire teams, sports thrive on the competition to drive the activity forward.

Hiking just isn't on that same level.

Versions of hiking do promote a bit of competition, such as trail running or mountain running.

Some races include hiking and camping across long paths like the Appalachian Trail, so there's potential for competitiveness.

It's More Recreational

Hiking can often be done alone and is often done as a way to admire nature or get some exercise as opposed to playing competitively.

Most hikers view it as a leisure activity and don't try to take it too seriously.

Some are willing to pour their heart and souls into taking their activities to the next level.

These athletes are blowing past others on hiking trails and attempting hikes that take days or weeks to complete while camping along the way.

Key Aspects Of Sports

There are little nuggets of truth to both sides of the argument.

If you were neutral before, you might still be struggling with which camp you want to stand-in. Sports have four key aspects, and seeing where hiking falls into them may be enough to help you decide.

Physical Effort

Different sports have varying levels of physicality needed to succeed, but they all require some. Hiking is slower-paced than most, but its physical toll is on par with some of the hardest sports out there.

It's not an easy activity, so it could be considered a sport in this aspect.

Skill Level

There are levels to hiking and a clear gap between the pros and the newbies.

Skill levels are apparent in every activity known to man, and hiking is no exception.

Having a group of 'professionals' that can perform this activity better than most is a step in the correct direction.

Entertainment

Entertainment value isn't in most sports definitions, but it is a well-known factor that some may overlook.

Sports are a way for individuals or teams to see who is better at an activity, but it's also a way for others to be entertained by the competition.

Hiking simply doesn't offer any entertainment value.

Gorgeous views and fascinating wildlife aside, there isn't anything to see regarding the hiker's performance.

No matter how much you love hiking, no one stands on the sidelines (or sits on the couch) cheering you on.

Competition

There are hints and potential of competition hidden in hiking, but overall, it's not a competitive endeavor.

Any time hiking turns into some form of a race; it can classify as a different activity, such as trail running.

The competitive nature is consistent in sports, and hiking just doesn't have that factor.

Is Hiking a Sport: FAQs

Can hiking be considered a sport? Hiking can indeed be considered a sport as it involves physical exertion, endurance, and skill, requiring individuals to traverse various terrains and navigate challenging trails on foot.

Is a hiker an athlete? While hikers engage in physical activity and may possess athleticism, the term "athlete" typically refers to individuals participating in competitive sports, so a hiker is generally not categorized as an athlete in the traditional sense.

Is hiking a mountain sport? Although hiking often involves ascending mountains and can be physically demanding, it is not typically classified as a mountain sport like mountaineering or rock climbing, which entail specialized skills, equipment, and techniques for tackling steep slopes and technical routes.

Is Hiking a Sport or Hobby?

Hiking can be both a sport and a hobby, depending on how individuals approach it.

For some, hiking is pursued as a sport, where they engage in more challenging and competitive hikes, aiming to improve their performance, set records, or participate in organized events.

On the other hand, many people view hiking as a recreational activity or hobby, enjoying it for leisure, exploration, and the physical and mental well-being it provides.

Ultimately, you could say that whether hiking is considered a sport or a hobby is subjective and varies from person to person based on their personal goals, level of involvement, and the way they approach hiking!

Final Thoughts on Hiking

Hiking has enough factors going for it that it's in the gray area, but it still does NOT qualify as a sport.

It lacks too many points in its favor to join the ranks of other well-known and well-loved sports. There's no denying the skill and physical ability that goes into excelling at hiking. Clambering up a steep trail for hours is incredibly difficult, and any untrained hiker will realize that fact within a quarter-mile. Sport or not, it takes genuine skill and physical prowess to excel as hikers - but that doesn't mean you can earn an Olympic medal for tackling your next grueling trail.

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Resumo: Cerimônia de Abertura dos Jogos Olímpicos de Paris 2024

A impecável execução da cerimônia de abertura dos Jogos Olímpicos de Tóquio foi sempre uma atuação difícil de ser seguida. Paris tomou a decisão perspicaz de não tentar emular seu espetáculo de estádio e brilho tecnológico. (Lembre-se da formidável configuração de 1.800 drones?)

O diretor criativo desta cerimônia, Thomas Jolly, teve a ideia inspirada de se apoiar na fama de romance de Paris ao usar a própria cidade como palco. Dessa forma, uma frota de atletas de cada país desfilou ao longo do Sena, enquanto um desfile de 6 km (3,7 milhas) atravessou seus pontes, ruas e telhados. No entanto, o que parece uma ideia verdadeiramente original na página nem sempre se traduz apostas online win apostas online win execução apostas online win uma noite chuvosa no centro de Paris.

Pontos altos e baixos

Houve algum destaque: o lendário jogador de futebol franco-argelino, Zinedine Zidane, entregando a tocha olímpica a um grupo de crianças para começar; uma coreografia magnífica mostrando a reconstrução da Catedral de Notre Dame e um tapete dourado desdobrado para a fabulosa cantora francesa-maliana, Aya Nakamura, no Pont des Arts, com dançarinos brilhando ao seu lado (o boato de que ela iria se apresentar nesta cerimônia havia gerado indignação racista de políticos de extrema-direita, então apostas online win presença na cerimônia parecia uma vitória dada a derrota recente de Marine Le Pen).

No entanto, também houve algumas decisões curatoriais verdadeiramente estranhas. Por que,

por exemplo, Lady Gaga foi a primeira atuação? Surrounded by pink ostrich feathers e usando um chapéu que lembrava uma caneta de pena apostas online win cima de apostas online win cabeça, ela cantou Mon truc en plumes (originalmente por Zizi Jeanmaire) com o seu melhor sotaque francês, mas ainda assim parecia um cabaré de rio mal-arrumado de uma estrela pop americana. Painéis com um lavagem rosa (um trocadilho visual com La Vie en Rose?) apresentavam palavras como "chic!" e também pareciam de baixo orçamento. Uma banda de heavy metal francesa tocou por um minuto, seguida por um cantor de ópera cantando a Carmen de Bizet. E o portador da tocha era careca e capuzado, como uma cria maníaca do filme Halloween, correndo por telhados e deslizando por edifícios como se estivesse perseguindo uma vítima gritando.

Uma experiência desarticulada

Por criativa que pudesse ter sido, a cerimônia parecia desarticulada, com a sensação de muitas coisas acontecendo simultaneamente, e as apresentações promenando pulando de uma ideia para a outra – de um cancan para uma cena gótica com mulheres de cabeça mócida nas janelas da Conciergerie com fitas vermelhas que pareciam sangue macabro espirrando.

Os princípios guadores da Revolução Francesa, libert

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